Landfill Diversion from Labs: Where We Are Now and Creative Programs to Inspire Us

Presented by

Members of the I²SL Landfill Diversion Working Group
Established 2015

Learning Objectives



Learn about the environmental, social, and economic impacts of solid waste materials that come from research, healthcare, and teaching laboratories and why waste minimization and diversion from landfills is important



Identify challenges and opportunities related to the diversion of solid waste materials from laboratories in diverse settings



Hear about leading examples of lab user innovations to address these challenges



Gain tangible ideas for building connections among key stakeholders, and setting and achieving goals for closing the loop on the production and disposal of laboratory materials and supplies LDWG - Where we are now

LDWG – What we have learned

3 Presentations of

Creative Programs to Inspire Us

Panel Discussion

Trail Guide

Where are We Now?

Ilyssa O. Gordon, MD, PhD

Associate Professor of Pathology Medical Director, Office for a Healthy Environment Cleveland Clinic



RECYCLING



Recycling is messy



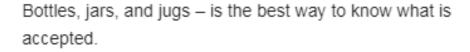
Workers sorting at the Waste Management Elkridge Material Recycling Facility in Elkridge, Md. PHOTOGRAPH BY THE WASHINGTON POST/GETTY IMAGES

Plastics come in a variety of shapes, colors and chemical formulations - all with different recycling needs. The code number does not mean the plastic can be recycled. It is simply a way to identify the resin, or plastic type.



How can you tell what kinds of plastic to put into your recycling bin? The code number on the bottom of your product is not a reliable indicator of whether something can get recycled.

Recycle by shape!





THINK GREEN:

RECYCLING

1. NO LOOSE PLASTIC BAGS

2. NO CONTAINERS WITH FOOD STILL IN THEM

3. NO LIQUIDS OR SOGGY ITEMS

Certain offenders can slow down the process or even ruin the load. These no-no's include plastic bags, food or greasy containers, and liquids or soggy items. To the right is a quick reference list of DOs and DON'Ts you can keep right on your fridge.

DOs and DON'Ts of Recycling

DO recycle CLEAN items, including:

- Recyclable plastic containers
- · Steel/tin/aluminum items
- Newspapers with no plastic wrap
- Junk mail
- Catalogs
- Phone books
- Magazines without wrappers
- Flattened cereal/snack boxes and cardboard

DO NOT Include:

- Loose plastic bags or package wrap
- Broken/sharp glass
- Ceramic materials
- Cloth/clothing
- Food/yard waste
- Hazardous items
- · Shredded paper
- Scrap metal
- Nonrecyclable plastics
- Liquids
- Frozen food containers

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Plastic Recycling

Did you know recycling just ten plastic bottles saves enough energy to power a laptop for more than 25 hours?

Recycle plastics #1 thru #7. Look on the bottom of containers for a number inside the recycling arrows.

Acceptable Items

- Milk jugs (no cartons)
- Water/Soda containers
- Shampoo/Soap/Detergent bottles





- ❖ We accept all plastics marked #1 − 7 on the bottom or top of containers.
- Products made from recovered plastic bottles include drainage pipes, toys, carpet, filler for pillows and sleeping bags, and cassette casings.



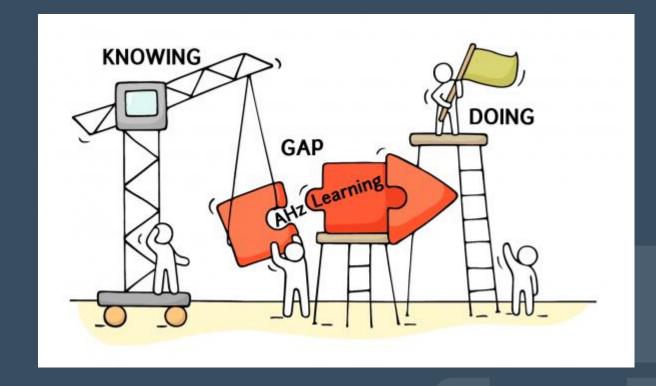


https://www.denvergov.org/content/denvergov/en/trash-and-recycling/recycling/what-can-be-recycled.htm

Education doesn't always translate into action: Knowledge Action Gap

"You know what to do but you can't seem to make yourself do it right." — Mel Robbins





We wish it could be easier...

"Wish-cycling today is a leading cause of contamination in the U.S."

Contamination levels currently are 25%

☑ increases cost

☑ decreases efficiency

☑ lowers commodity values

☑ increases risk

At Waste Management facilities...

Bowling balls per week:

A. 10

B. 100

C. 1000

Batteries per month

A. 28,000

B. 72,000

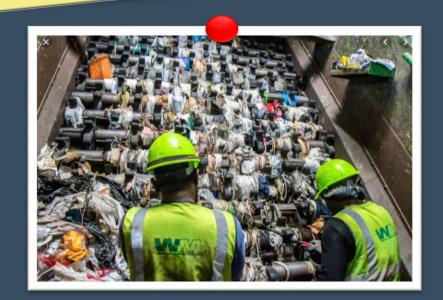
C. 136,000

Hours per year spent cleaning screens

A. 14,000

B. 70,000

C. 140,000



Source: Brent Bell VP Recycling Operations Waste Management Jan 2019 Waste Management Sustainability Forum

You say Contamination, I say Contamination

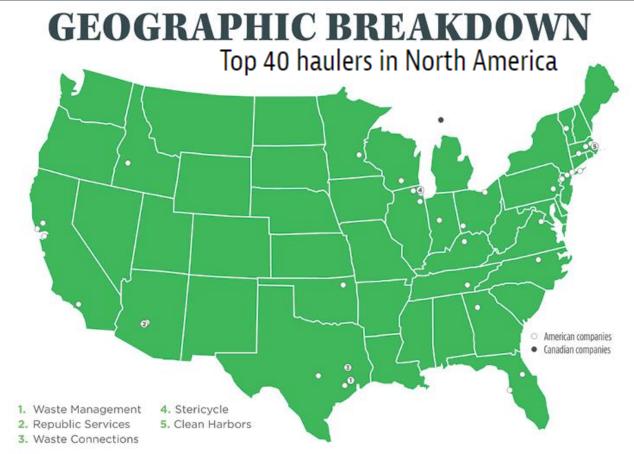
- What does "contamination" mean to you?
 - In a hospital setting, "contamination" refers to bodily fluids, chemicals, or potentially infectious material being present where they should not be, whether in a sterile area, on a patient's body, or in the surrounding environment. This can get confusing when recyclers use "contamination" to refer to items in the waste stream that do not belong (i.e. paper in a plastic stream) but are not necessarily hazardous or infectious. It is important when healthcare professionals are having conversations with recyclers that everyone is clear about which type of "contamination" they are talking about.



Geography complicates the picture



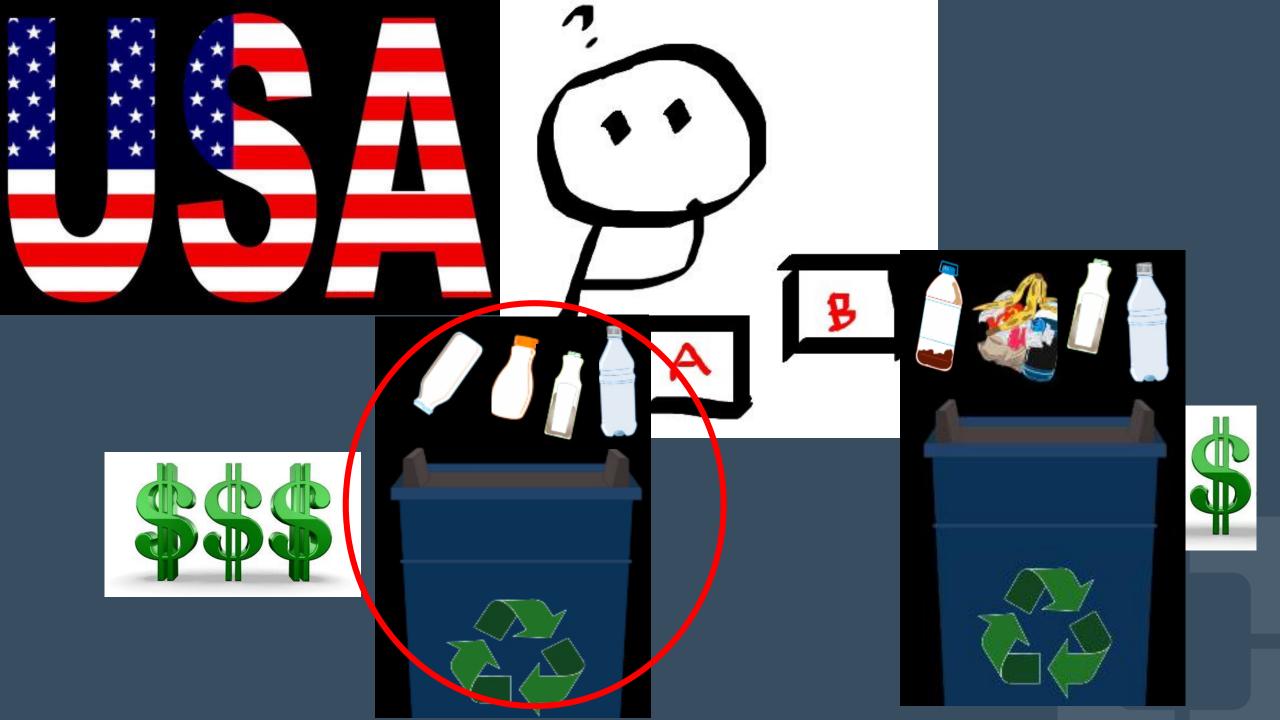
MRF: Materials Recovery Facility (sorting)



https://giecdn.blob.core.windows.net/fileuploads/document/2019/09/05/poster%202019.pdf

https://www.wastetodaymagazine.com/article/top-40-haulers-in-north--america/







What just happened??

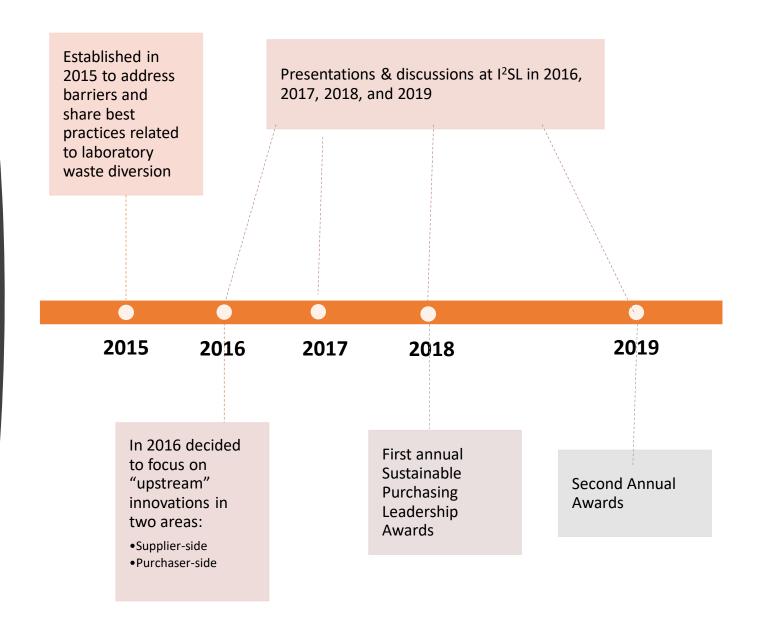
- China market basically cut us off, even though only 40% of US plastics were going there, this action flooded domestic markets.
- In the past, companies using domestic markets were able to find value in putting resources into lowering contamination rate at their MRF because it increased the value for their plastics.
- Now with domestic plastics markets flooded, this lowers the price the company can get, so it is not profitable for them to clean up contamination at their MRF...they pass this on to us asking us for low contamination rate.

What we have learned



Kelly O'Day Weisinger
Assistant Director of Sustainability
Emory University & Healthcare
Atlanta, Georgia

I²SL Landfill Waste Diversion Working Group



Themes from past conferences



2016 – manufacturer/supplier interviews, onsite user challenges, downstream diversion innovations

Key discussion theme was hard-torecycle materials like ice packs and foam boxes



2017 – panel discussion with suppliers and manufacturers regarding innovations in landfill diversion of products

Key theme was that suppliers and manufacturers want to be engaged in this working group's work



2018 – summary of what we know. Your help identifying next steps.

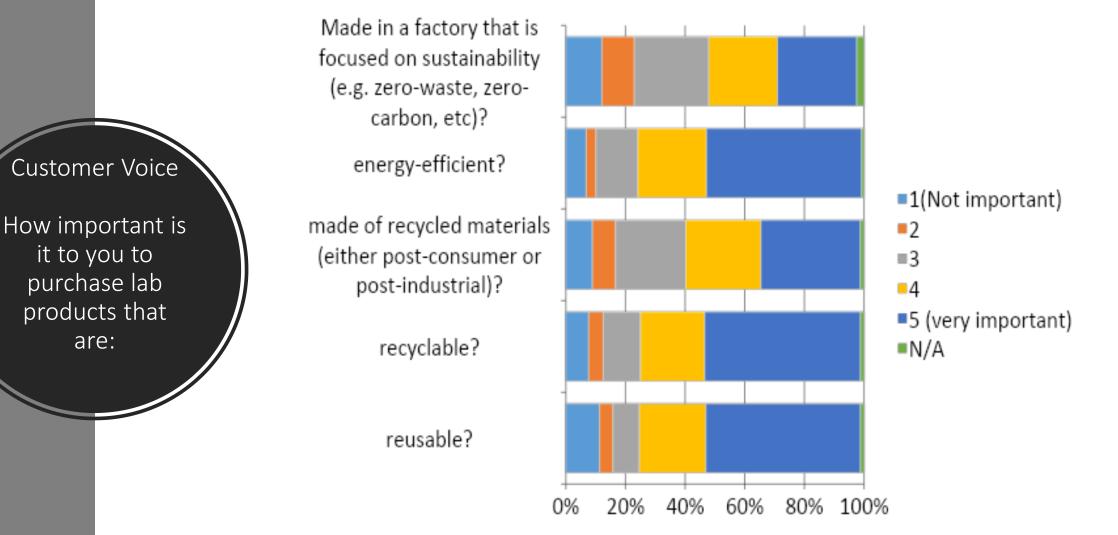
Support the ACT label LDWG resources to guide upstream and downstream innovations

Are any lab product suppliers helpful in your efforts to divert lab items from landfills?

Yes: 68% No: 32%

Which ones?

- VWR
- Kimberly Clark
- New England Biolabs
- Thermo Fisher Scientific
- Millipore-Sigma
- Starlab
- Addgene
- E&K Scientific
- Cardinal
- Triumvirate
- RightCycle



Upstream Focus on Suppliers & Manufacturers

LDWG looking upstream for culture shift

Better understand and enhance communication of researcher needs regarding sustainability of their products.

What we learned:

- Suppliers & Manufacturers want to hear directly from customers
- Willing to change, but motivations are two ends of spectrum
- Ideas for engagement with working group



In the meantime . . .

institutions are doing innovative work to divert waste from landfills. These are some stories



First LDWG resource!

Will publish Fall 2019

Participants:

- University of Georgia
- University of Virginia
- MIT
- and Emory University

Stay tuned!

Creative Programs to Inspire Us

University of Georgia
University of Virginia
Massachusetts Institute of Technology



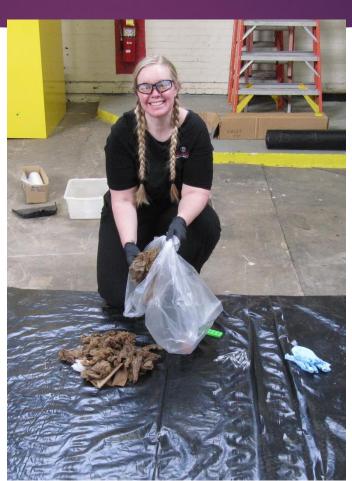
Creative Landfill Diversion Programs from University of Georgia

STAR SCOTT, GREEN LABS PROGRAM COORDINATOR 12SL, SESSION A3, MONDAY OCTOBER 21ST 2019



Lab Specific Waste Audit

- ► Spring 2018
- 4 different types of labs
 - Pathology Lab (for profit)
 - Molecular Genomics Lab
 - ► Plant Pathology Lab (BSL)
 - Plant Biology Lab
- 3 day period





CATEGORIES FOR SORTING

- Paper Towels
- Gloves
- Plastic Film
- Recyclable Plastics (ACC)
- Non-Recyclable Plastics
- Paper
- Cardboard
- Glass
- EPS Foam
- Aluminum
- Organics
- Landfill

Avoidable

Recoverable

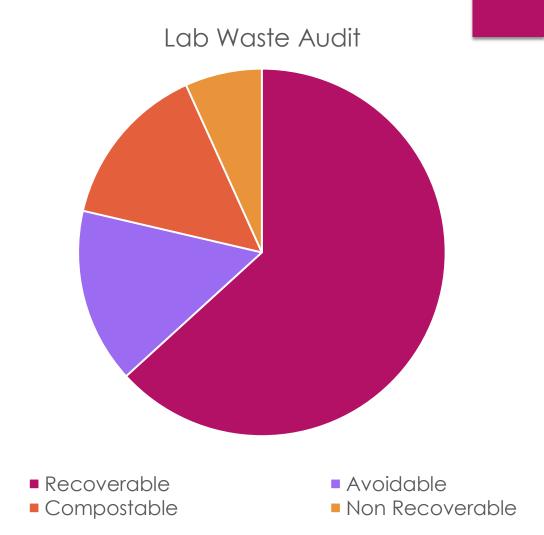
Non-Recoverable

Compostable



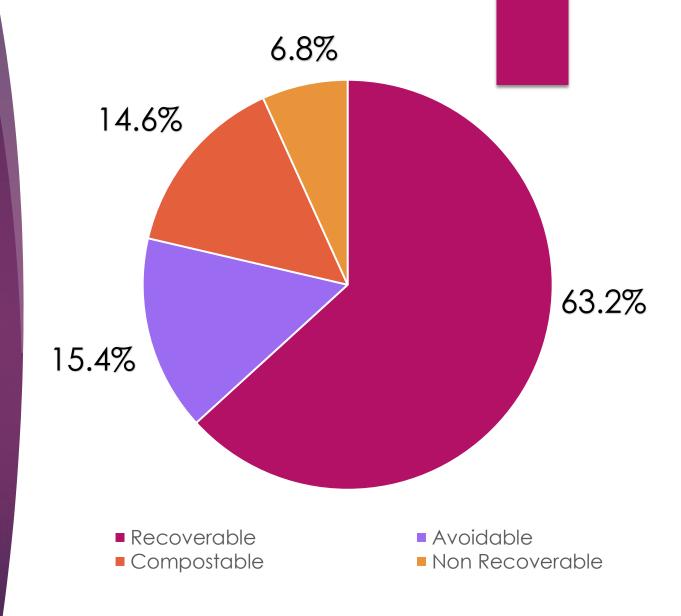
SNAP SHOT OF RECOVERABLES

- Average of 656 g/day/lab
- ~659,482 pounds of potentially-recoverable materials annually
- ~300 metric tons



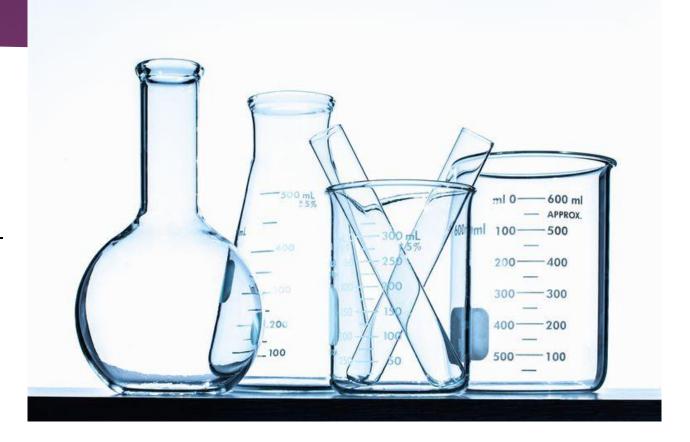
THIS IS GREAT NEWS

- 93% of this waste stream can potentially be impacted by existing initiaves
- Keep going
- Be Creative
- Share

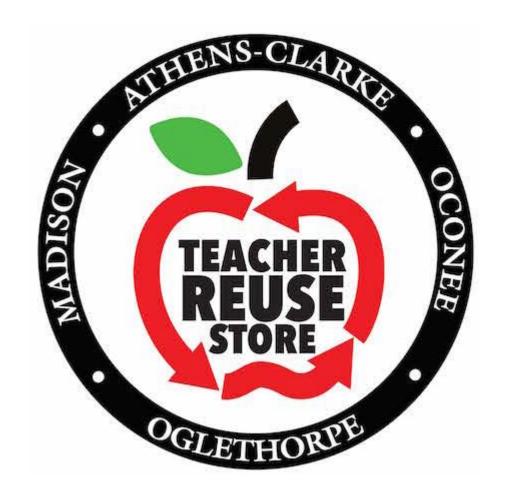


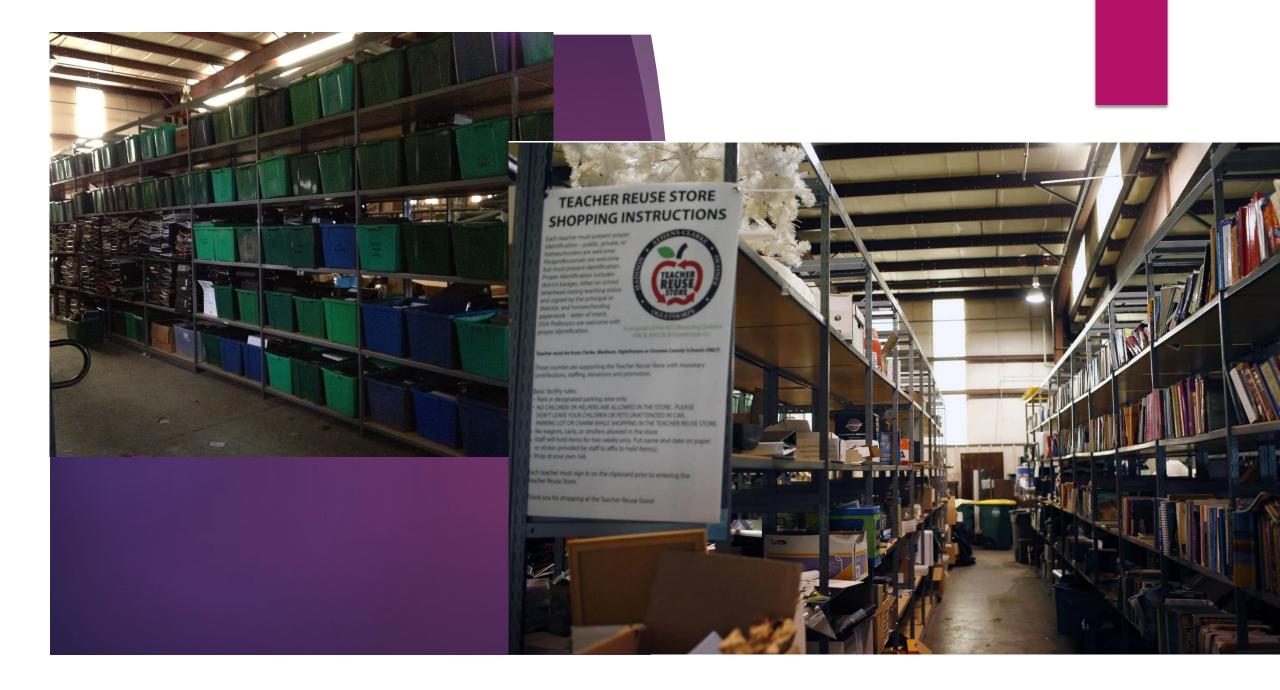
Lab Glass Rehoming Program

- Partnership between UGA and Athens Clarke County (ACC)
- Keeps lab glass and other noninventoried lab equipment out of landfill
- > Serves our future scientists



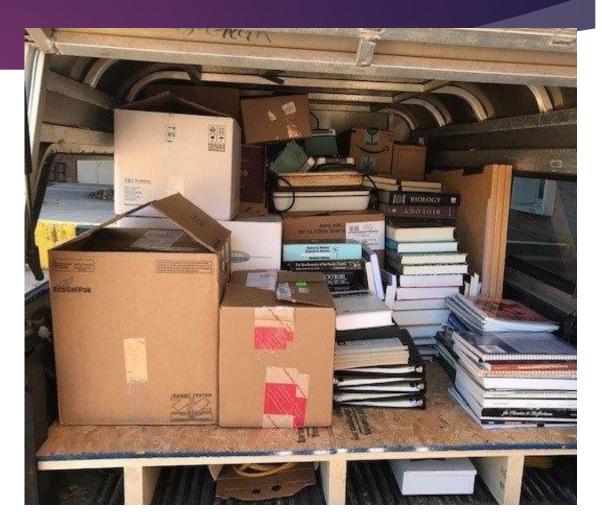
- Located at ACC CHaRM
- Local teachers can "shop" for free
- School supplies, furniture, bulletin boards, books
- NOW--Scientific supplies





Lab Glass Rehoming Program Benefits

- Serves future scientists
- Assists underfunded programs
- Diverts waste from landfill
- Optimizes space in UGA research areas



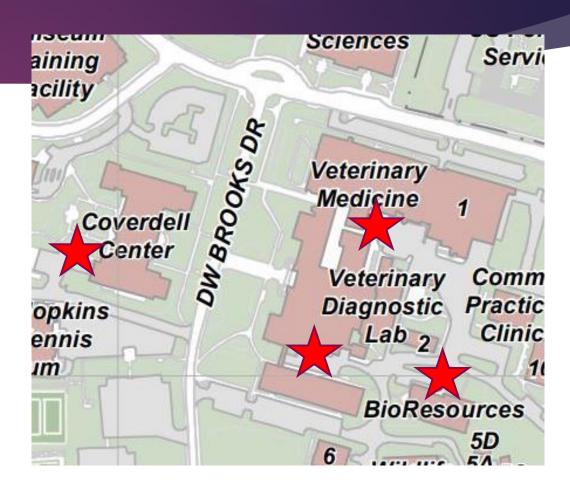
Animal Bedding Composting at UGA

- Created in 2015
- Composting bedding from nontreatment animals in Coverdell Vivaria
- Bedding Composted at UGA BioConversion Facility
- Once composted, used in our award-winning landscaping on main campus



Animal Bedding Composting Details

- 23.5 tons bedding/year diverted from Coverdell Center
- ➤ 3 Locations Added
- Used UGA Sanitation Services existing routes
- ➤ Ran successfully for ~1 year



1 year in...

- Office of Sustainability stopped providing compostable bags
- Vivaria decided to stop participating
- No management
- No communication between stakeholders
- Sanitation Services continued pickups
- Costly, ineffective



What's working?

- 2 Roll-off Augers, size of large dumpster
- Fill once/week
- Unbagged
- Helpful for BioConversion Facility

Moving forward

- Established management
- Connect with stakeholders
- Beta-test bagless system
- Cost analysis





Christine Alencar, Green Labs Specialist for the University of Virginia

Road Map

- 1. Upcycle Programs
 - MERCI
 - ROSE
 - ReUSE Store
- 2. When you can't clone yourself, make a Task Force!
- 3. Landfill Diversion in Animal Research Facilities





Upcycling: MERCI

- "Medical Equipment Recovery of Clean Inventory"
- Participating departments donate clean unused medical (and some lab!) supplies throughout the week
- Sorting operates once / week by volunteers (Thursdays)
- UVA employees and community members can "shop" by visiting the stock room during sorting hours
- Materials are donated to animal shelters, wildlife centers, pregnancy centers, and medical missions







Upcycling: ROSE Program

- "Reusable Office Supply Exchange"
- Collects gently- or never-used office supplies from across campus
- Includes books, folders, binders, writing utensils, desk organizers, and more
- Supplies stored at UVA Recycling warehouse where employees, students, and community members can "shop" or donate
- Monthly "ROSE Closet" set up in medical center conference room to provide access to patients and hospital employees







Upcycling: ReUSE Store

- Newest upcycle program
- For re-homing unneeded surplus property
- Reduce need for warehouse space
- Furniture, artwork, some tech (ex. desktop monitors), and some medical / lab furniture (lab tables / benches, chairs, medical exam tables)
- Materials rehomed on campus are <u>free</u>
- Private sales for local shelters, law enforcement agencies, non-profit organizations etc. held before public sales
- Public sales held every other Friday







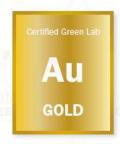
UNIVERSITY VIRGINIA

... GREEN LABS CERTIFICATION

There are 3 levels of Green Lab Certification: Bronze, Silver, and Gold. To become certified, earn the necessary amount of Badges for each level. Each Badge represents a different Green Labs focus area. To earn a Badge, complete at least 4 actions for that focus area. Labs can earn up to 2 badges per focus area.













Get started:

- Identify your lab's Green Leader. The Green Leader will be the primary contact between the
 participating research group and the Office for Sustainability's Green Labs Specialist, and will
 coordinate their lab's efforts to earn Badges and Certification.
 - 2. Email greenlabs@virginia.edu to express interest in pursuing the program.
 - 3. Fill out the electronic survey sent to your Green Leader.
 - Meet with the Office for Sustainability's Green Labs Specialist for 30 minutes to develop Certification action plan.

Actions completed within the last calendar year qualify as completed pending reasonable verification. To verify, labs describe their approach or explain actions taken for each lab sustainability action item pursued using the Green Labs Badge and Certification forms.

Badge and Certification awards last up to two years following award date. Certification timelines override Badge expiration (if, for instance, a Badge 'expires' during the life of an awarded Certification).

Timeline flexibility will be addressed on a case-by-case basis (if, for example, a lab is interrupted by renovations or if the lab can verify that past actions have been updated over time).

Email greenlabs@virginia.edu or visit sustainability.virginia.edu for more information.



M-2 When discarding or procuring materials for lab operations, we prioritize reuse or upcycle programs at UVA. We utilize the hospital's <u>Medical Equipment Recovery of Clean Inventory (MERCI) program</u> (Thursdays, G102 Primary Care Center)), the <u>Reusable Office Supply Exchange</u> (ROSE, open 8am – 3pm, Recycling Warehouse on Leake Drive OR every third Tuesday 9:30am to 2pm, main hospital conference room) and / or the <u>UVA Reuse Store</u> (business hours, Recycling Warehouse) to donate items or shop.

Describe your approach or explain actions taken:	



Expanded Polystyrene Task Force









- Part of UVA Green Labs Working Group
- Working Group can form task forces as needed to explore solutions for specific initiatives
- EPS universally recognized as a pervasive, stagnant material in laboratories
- Many working group members wanted to do more, formed a task force
- Task force has explored procurement-, technology-, and recycling-based solutions
- Survey initiatives have sought to assess the amount of EPS coming into our campus labs
- UVA Procurement and Supplier Diversity Services (Kristin Floyd) prompting vendors to change their shipping containers
- UVA Green Labs program informing community about vendors offering greener shipping alternatives



Animal Care Facility Initiatives





- Eight vivaria at UVA can produce up to 12 tons of waste in a single month
- 2% of ALL of UVA's landfill waste!
- Gloves, gowns, masks, hair nets, shoe covers, soiled bedding, uneaten food, etc.
- Green Labs worked with vendors providing recycling programs for personal protective equipment used in animal care operations to initiate best possible prices for recyclable materials
 - Kimberly-Clark, Fisher Scientific (Right Cycle, nitrile)
 - VWR (Gown Up Give Back for gowns, hair nets, face masks, shoe covers)
- Trained vivarium employees to sort refuse: Gloves, PPE, and compost (cage waste)















Animal Care Facility Initiatives

- First implemented composting; saw a 47.9% reduction in landfill waste
- Saw additional 35.4% landfill waste reduction after implementing PPE recycling programs (83.3% reduction in total landfill waste)
- Reduced load on area trash compactor
- Supported by all staff and Center for Comparative Medicine Director
- Challenges:
 - Environmental Health and Safety concerns
 - EHS personnel change resulting in (hopefully temporary) discontinuation of program
 - Inconsistent service from UVA Recycling— Difficulty managing increased pickups with current personnel bandwidth
 - Monitoring / tracking shipping needs and specialized quotes













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Disposable Lab Gloves Recycling and Life Cycle Assessment

Whitney Hess, MIT.nano Manager of Safety Systems and Programs
Jennifer Ballew, Green Labs Program Coordinator
Jeremy Gregory, Research Scientist, Civil & Environmental Engineering
Elizabeth Moore, Postdoc, Materials Research Laboratory
Nicole Zhao, UROP, Wellesley College
Beyza Yurt, UROP, Wellesley College















MIT Disposable Glove Recycling Projects

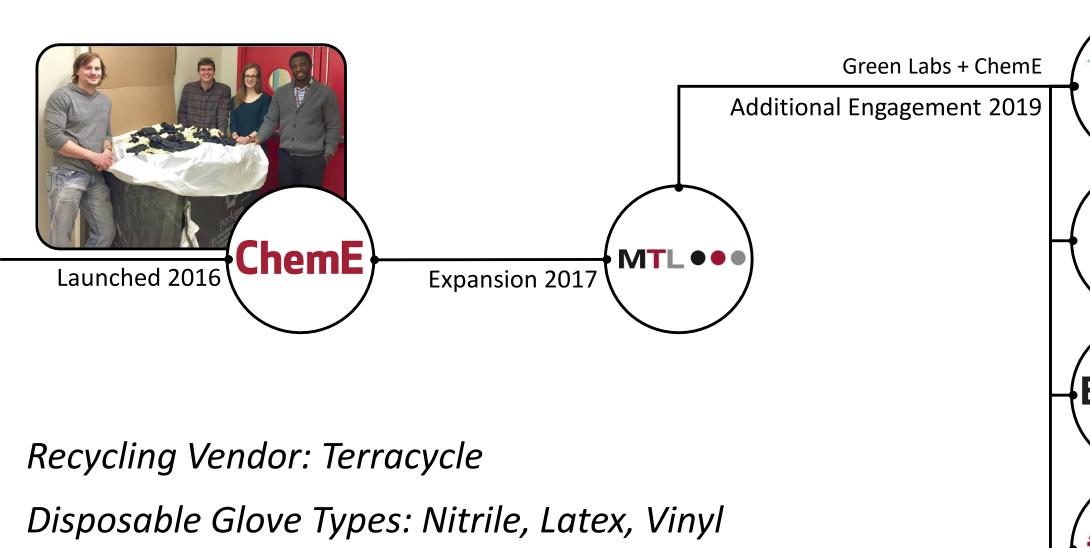
Implement Glove Recycling Pilot Program

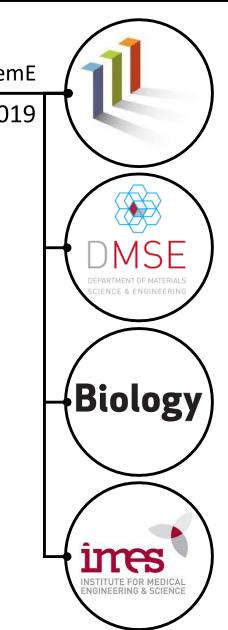
Estimate Environmental Impacts

Evaluate Source Segregation Effectiveness

Glove Recycling Pilot Program

Total Weight Recycled: 3.3 tons





What is the environmental impact of recycling disposable lab gloves compared to landfill disposal and waste-toenergy incineration?

Approach: life cycle assessment

Life Cycle Assessment Approach



1. Quantify MIT glove procurement data

Determine quantities of gloves purchased by vendor, material type, and size

Source: MIT procurement data



2. Collect life cycle inventory data

Manufacturing, disposal, transportation

Sources: glove production company, publicly available data, ecoinvent database



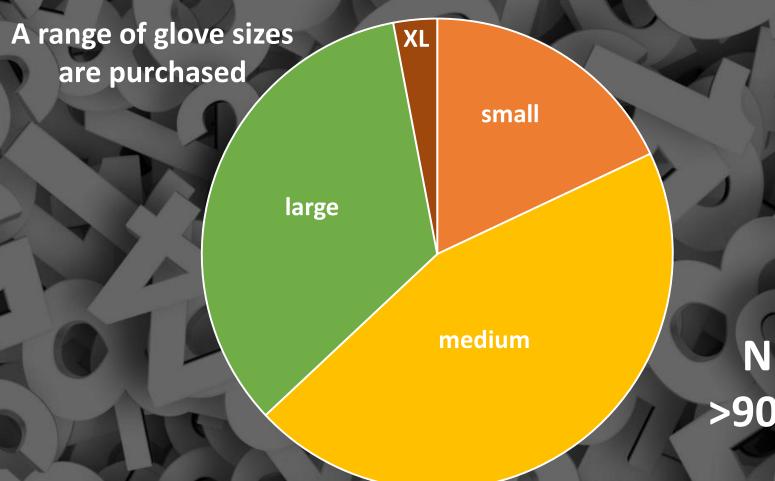
3. Calculate environmental impacts

Compare different disposal methods: recycling, incineration, landfill

Calculations conducted in SimaPro software



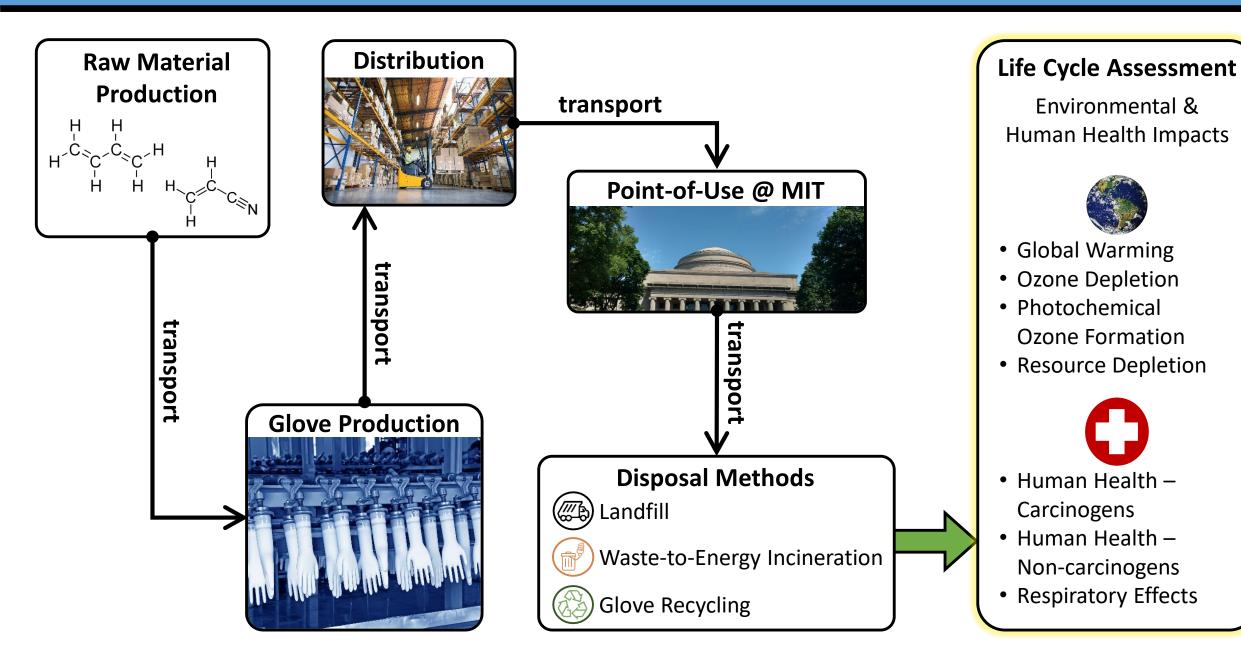
How many gloves does MIT buy in one year?



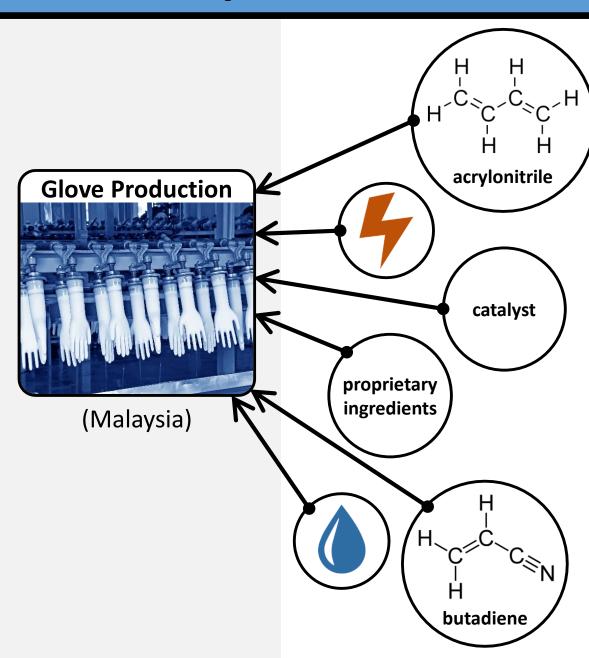
3,000,000

Nitrile gloves make up >90% of purchased gloves

Life Cycle Assessment (LCA) Approach



LCA Scope and End-of-Life Scenarios

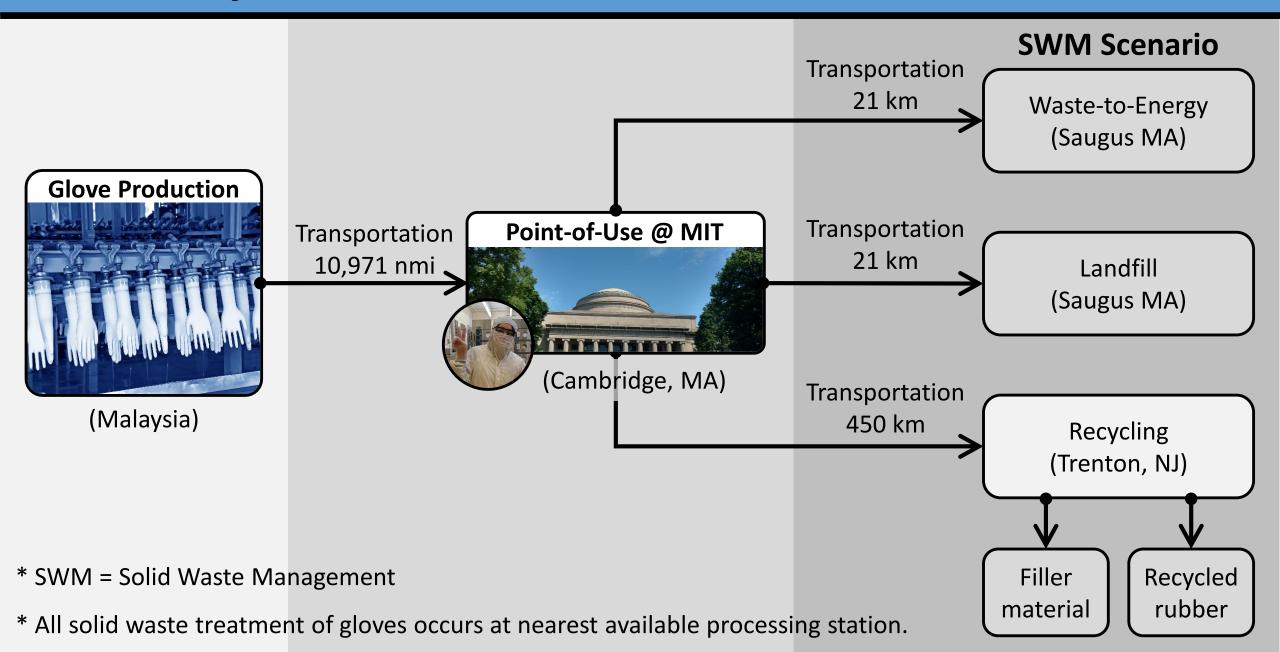


Key Assumptions –

ABS used as a proxy for nitrile

Biomass heat used as a proxy for energy production

LCA Scope and End-of-Life Scenarios



LCA Scope and End-of-Life Scenarios

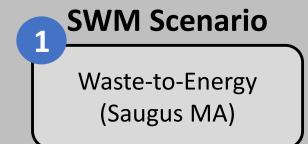
Recycled glove product data -

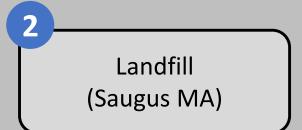
True destinations unknown

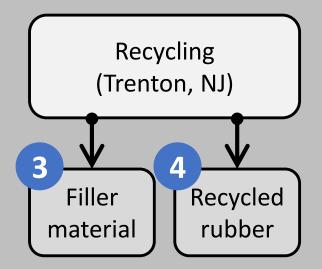
Key Assumption –

Sawdust used as a proxy for filler material

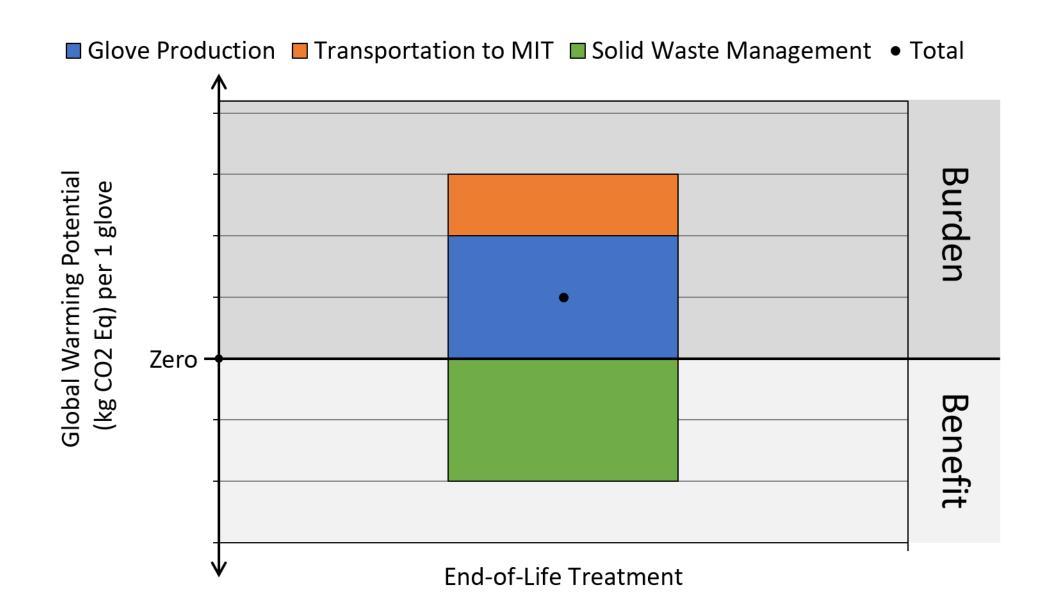
* Recycling vendor has indicated recycled glove product is used in industrial applications like lumber, furniture, flooring, and mats.



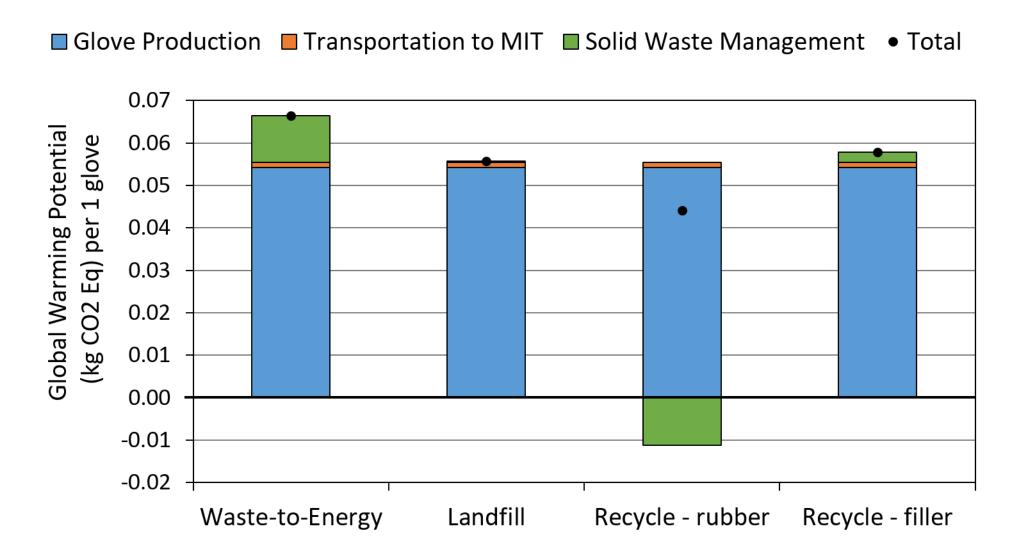




What will the LCA results look like?...

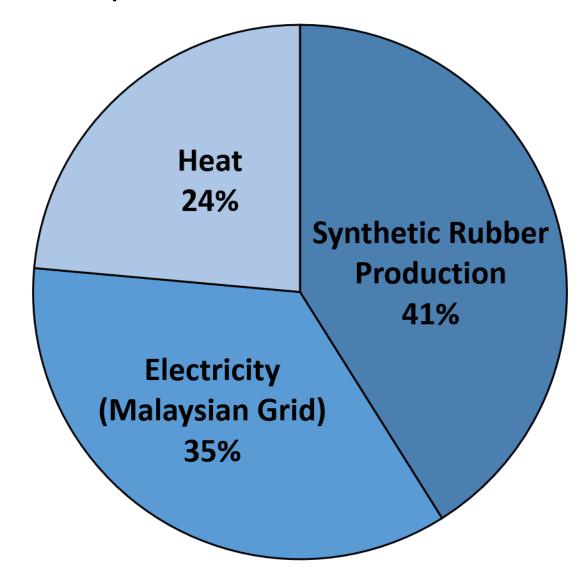


Glove production is the largest life cycle phase for all end-of-life scenarios.

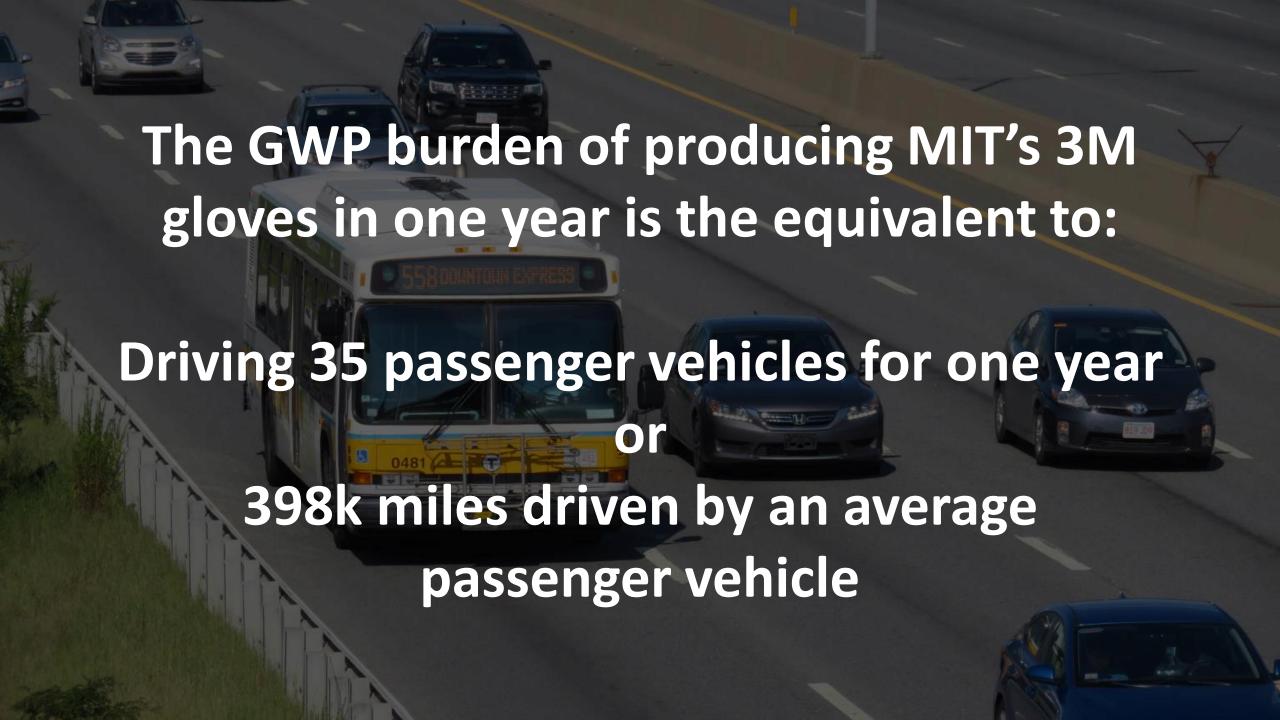


Recycling to rubber has the lowest global warming potential (GWP) impact.

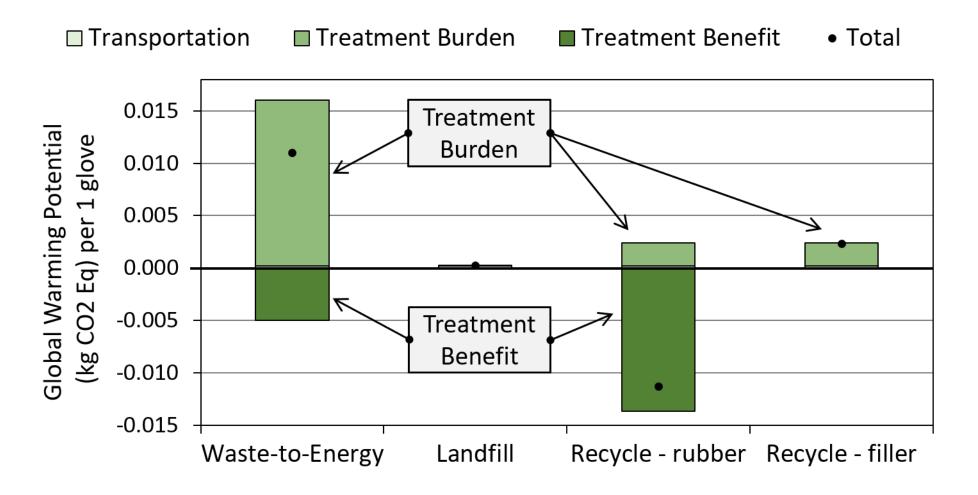
Glove production GWP impacts...



...are driven by raw material production and energy generation



The end-of-life treatment determines the extent of avoided emissions.



Recycling to rubber has the largest GWP life cycle benefit.

* Results consistent with other human health and environmental impacts.

Evaluate Source Segregation Effectiveness

Duration: 2 weeks

Waste Streams:

- Trash
- Single stream Recycling
- Glove Recycling
- Plastic Film

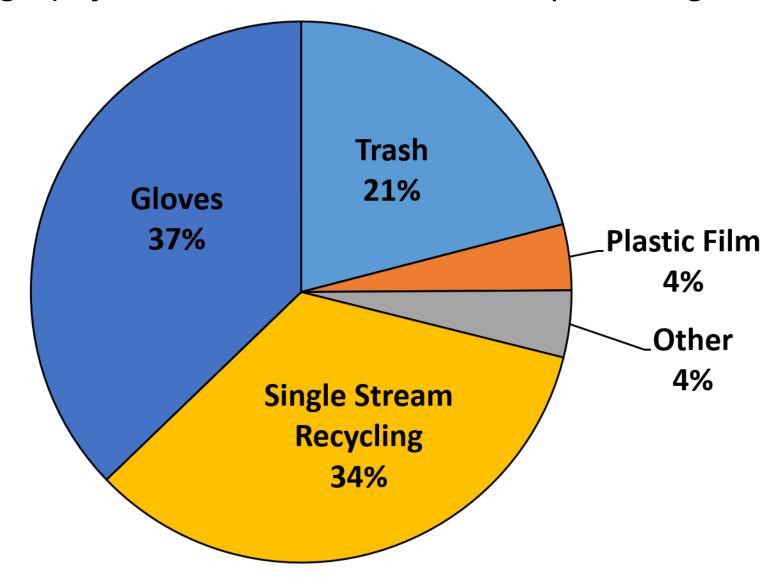
Collected 130 kg waste

Participating labs:

- ChemE 1: biofunctional and bioinspired materials
- ChemE 2: multifunctional polymeric nanomaterials
- ChemE 3: heterogeneous catalysis and design
- MTL 1: Shared cleanroom fabrication facility



37% (by weight) of lab waste collected was disposable gloves.



Labs are an average 95% effective at segregating gloves for recycling.

Conclusions

Based on available data, recycling to rubber is the best alternative.



Conclusions

Significant assumptions were made due to lack of data availability.



Acknowledgements

- Lisa Anderson (Postdoctoral Associate, Biological Engineering)
- Elsa Olivetti (Assistant Professor, Materials Science & Engineering)
- Brian Smith (ChemE & EAPS EHS Coordinator)
- Niamh Kelly (EHS Senior Officer)
- Ruth Davis (Recycling Manager)
- Thomas Hardy and Pedro Tejeda (Custodial Services)

Glove Recycling staff support and funding: ChemE and MTL LCA and Waste Audit funding: Campus Sustainability Incubator Fund

Questions?



Massachusetts Institute of Technology









Panel Discussion